

GET YOURSELF A LIFE

HOW MANY TIMES HAVE YOU THOUGHT YOU DID REACH ROCK BOTTOM?  
UNTIL YOU REALIZE THERE IS STILL A LONG WAY TO GO DOWN  
HOW MANY TIMES HAVE YOU LOOKED AT YOURSELF IN THE MIRROR?  
TO SEE THE FACE OF DEFEAT ON A WAR RAGING UP IN YOUR MIND

TOO MANY THOUGHTS  
NOT ENOUGH FIGHT  
GET OUTDOORS  
START TO TRY  
THE WAY YOU THOUGHT  
THINGS SHOULD BE  
THEY ARE NOT  
WHY DON'T YOU  
GET YOURSELF A LIFE?

HOW MANY NIGHTS HAVE YOU STAYED AWAKE ON AN EMPTY BED?  
REMINDING THE PAST, REGRETTING ALL THE CHOICES YOU MADE  
HOW MANY NIGHTS HAVE YOU SPENT BY YOURSELF ON AN EMPTY BAR?  
UNTIL YOU REALISE ALL THE DRUGS FATALLY FADE AWAY

NOT MANY THOUGHTS  
QUIT THE FIGHT  
STAY INDOORS  
ANOTHER NIGHT  
THE BLAME YOU FELT  
STILL YOU'RE FREE  
ARE YOU NOT?  
WHY DON'T YOU  
GET YOURSELF A LIFE

HOW MANY TIMES HAVE YOU GAZED AT THE SKY BY THE WINDOW?  
THE SUN RISING UP THE SAME WAY IT DOES EVERYDAY  
HOW MANY NIGHTS HAVE YOU CAUGHT YOURSELF ALMOST PRAYING?  
LIKE YOU BELIEVED IN A GOD WHEN DESPAIR'S LEFT NO OPTION AT ALL

TOO MANY THOUGHTS  
QUIT THE FIGHT  
GET OUTDOORS  
ANOTHER NIGHT  
THE WAY YOU THOUGHT  
STILL YOU'RE FREE  
THEY ARE NOT  
WHY DON'T YOU  
GET YOURSELF A LIFE